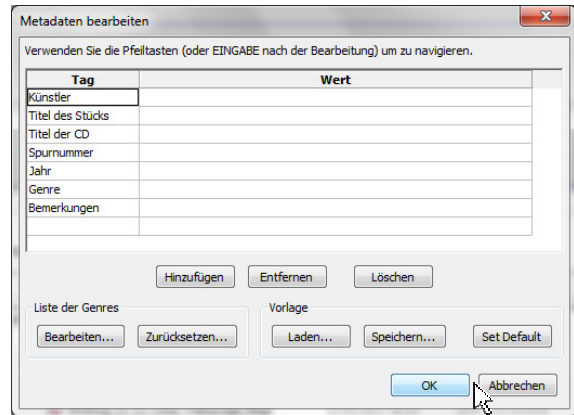
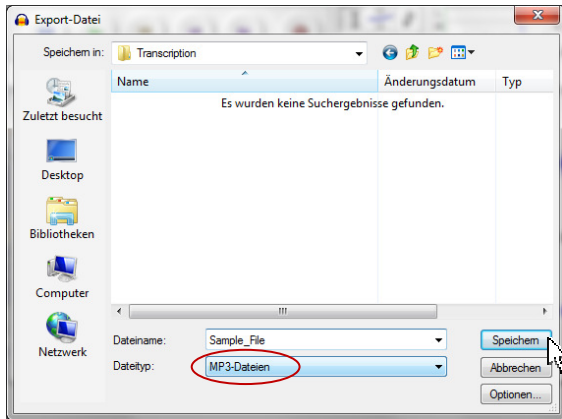
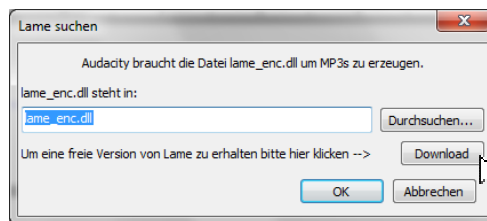


Exporting Audacity Project Files in MP3 Format

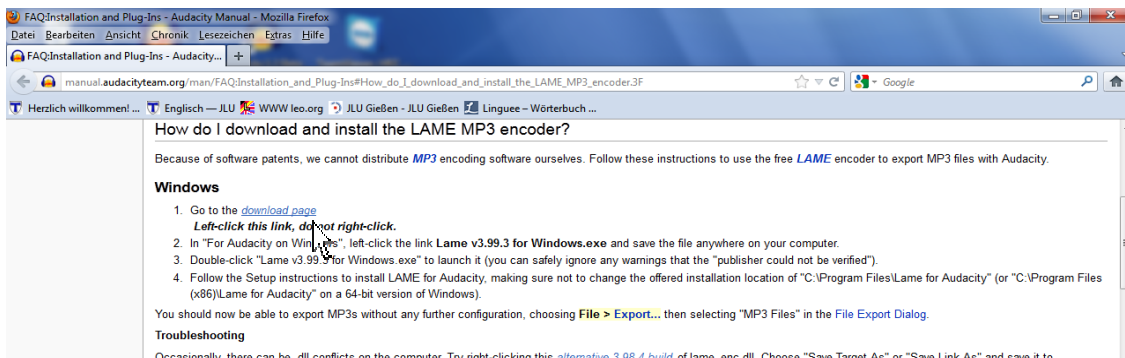
1. In Audacity, go to **File > Export (Exportieren)**.
2. Choose the folder to which you would like to save the exported MP3 file, and make sure that under the data type (Dateityp), **mp3 (.MP3-Dateien)** is selected. Next, in the *Metadaten bearbeiten* window, simply click **OK**.



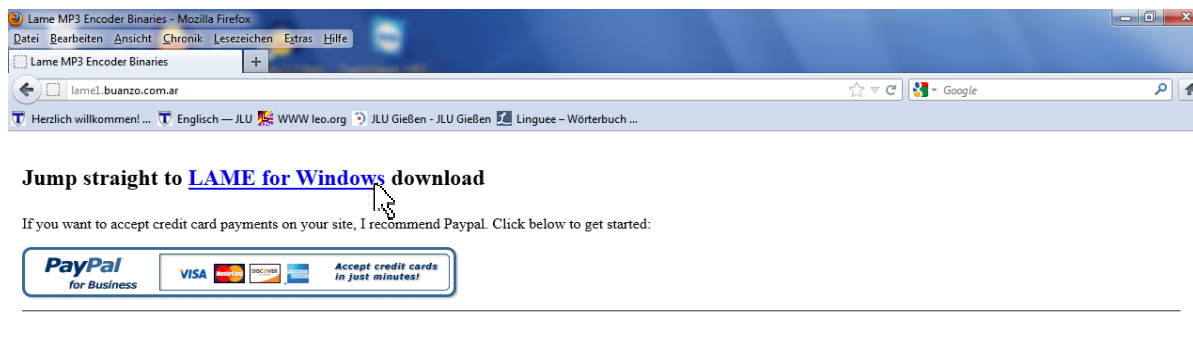
3. Now you have to download an mp3 converter called Lame. Press the **Download** button to begin. (Do **NOT** click the OK button.)



4. Your internet browser will open to the webpage below. Click on the link called **download page**.



5. Next, click on **LAME for Windows**. (If you are using Mac OS X, etc., click on **LAME for Windows** anyway; you will be able to choose an appropriate download option on the next screen.)

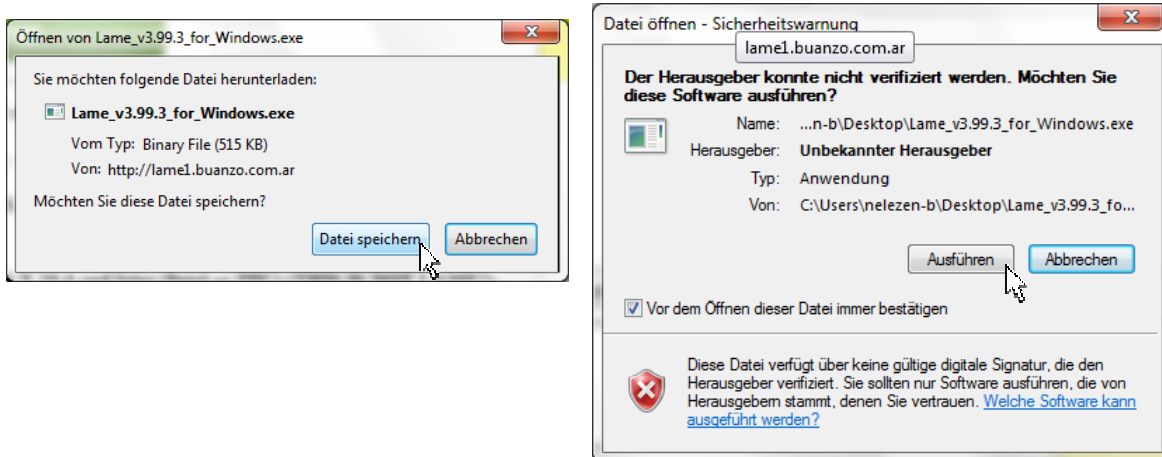


6. If you are using Windows, click on the **Lame v3.99.3 for Windows.exe** link to begin your download. If you are using Mac OS X, click on the **Lame Library v3.98.3 for Audacity on OS X.dmg** link.



Warning: do NOT click on the green Download Now button. This button is for another program unrelated to Lame.

7. **Save (Datei speichern)** the Lame executable (.exe) file to your computer. Once you have downloaded this file, run the executable file to begin installing Lame. If you receive a security warning, click **Run (Ausführen)** to continue.



8. Complete the LAME Setup Wizard to install LAME on your computer. Once you have finished installing LAME, go back to Audacity and export the file again. You should now be able to export your project file to MP3 successfully.

